Padma Dharini will lead Meditation Retreat in Bucks County

November 18, 2018

**Bucks County, Pennsylvania** – The Buddhist Sangha of Bucks County, a community open to all levels of interest in meditation and Buddhism, will be sponsoring a weekend retreat on Friday, December 14, 2018 from 7-9 PM and Saturday, December 15 from 9 AM-4 PM at the Makefield Friends Meeting House located at 877 Dolington Road in Newtown, PA.

The weekend retreat, theme will be *Madhupindika or “Honey Ball” Sutta:   - The Discourse of how mental proliferation and views arise, lead to conflict and how we may bring this experience to an end.*The weekend will be spacious with a combination of silence, Meditation, instruction and direct experience.  
 *We recommend that you attend both Friday evening and Saturday all day however accommodation will be made for those who are unable to do so.*

The retreat is open to everyone and one can attend on Friday, Saturday morning or Saturday afternoon or a combination thereof, depending on what works for individual attendees.

**Padmadharini –**was ordained 12 years ago into the Triratna International Buddhist Community, before which she graduated from a multi-year intensive training in meditation, ethics and Buddhist teachings. Currently teaches Buddhist courses at Triratna-NYC and have been leading courses, workshops and retreats on Buddhism and mindfulness in the US and Europe for over 15 years.

**For further information, please contact:**

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**About Buddhist Sangha of Bucks County**

The Buddhist Sangha of Bucks County is a community (sangha) that practices Buddhism, provides meditation instruction and community service in a manner consistent with the teachings of the Buddha. The sangha is open to everyone who wishes to learn about meditation and/or Buddhism. To learn more, please visit [www.buddhistsangha.com](http://www.buddhistsangha.com)