



The Buddhist Sangha of Bucks County

Welcomes

Yogi Lama Gursam



www.lamagursam.org

Friday, Nov 4 (7-9pm)

Tibetan Lama will talk about calming the mind on and off the meditation cushion and lead a guided meditation

Saturday, Nov 5 (9-12pm + 1-4pm)

Brown Bag Lunch 12pm-1pm

Lama will lead sitting and walking meditation with supportive instruction and dharma talks

Location: Makefield Friends Meeting, 877 Dolington Rd, Newtown, PA 18940



Suggested donation \$20 for Friday;

\$40 for all day or \$20 for half day Saturday

Teacher Dana supports Lama's travel and service projects of his Bodhicitta Foundation

Questions? Please visit BuddhistSangha.com or email: bsbc19067@gmail.com



Buddhist Sangha of Bucks County is a peer group of community members interested in the benefits of meditation.

We meet every Monday at 7 PM at the Yardley Friends Meeting House for meditation and discussion. All welcome.



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BuddhistSangha.com



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