



# REBECCA LI

## *GUIDED MEDITATION AND DHARMA TALK* NO SELF OR NOT SELF?

LOCATION: THE BUDDHIST SANGHA OF BUCKS COUNTY  
65 N. MAIN STREET YARDLEY PA 19067



**Monday, November 18th, 7-9 PM**

Yardley Friends Meeting House, 65 N. Main St., Yardley, PA 19067

Dr. Rebecca Li will consider the teachings on anatta (or anatman in Sanskrit) - the teaching that there is no permanent, eternal, unchanging, or autonomous "self" inhabiting "our" bodies or living "our" lives. Contrasted with the Vedic teachings of the Buddha's day, which taught that there is within each of us an atman, or an unchanging, eternal soul or identity. Anatta or anatman is one of the Three Marks of Existence. For more information: [bsbc19067@yahoo.com](mailto:bsbc19067@yahoo.com) / [buddhistsangha.com](http://buddhistsangha.com)

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