NEW YEAR'S EVE RETREAT

THE BUDDHIST SANGHA OF BUCKS COUNTY

65 N. MAIN STREET, YARDLEY, PA 19067

LED BY JEANNE & JAMES REIS

<u>December 31 8 PM – 12 AM</u>



Reflect on the past year and hold the time spent with loving kindness. Open to new beginnings. Bring a poem or reading for a discussion period.

	8:30 pm
8:30 -	9:00 pm
9:00 –	9:30 pm
9:30 -	10:15 pm
10:15 -	- 11:45 pm
11:45 -	· 12:00 am

Welcome, settle in, quiet sitting meditation Opening session Quiet sitting Tea: share readings, poems, intentions Alternating quiet sitting and walking Closing and final chant

For more information, contact: bsbc19067@yahoo.com

Suggested donation: \$20 via cash, check or credit card. Can donate via PayPal at buddhistsangha.com/donate - click the [Donate] button. All are welcome regardless of one's ability to donate: Ffor confidential financial assistance information, please contact sandyfrdh@hotmail.com